

The National Park Service preserves the integrity of wild places and our country's heritage for future generations. As you walk or ride a trail today, alone or with friends, please protect the landscape and its living communities by respecting the trail use guidelines on the map. Your trip will be safer, and you will be a caretaker for the park.

Please protect your national and state parks. Do not remove natural or cultural features. Take only pictures.

## **Trail Rules**

- Muir Woods National Monument is closed to bicycles, dogs (except service dogs), horses, camping and picnics. Service dogs are those that assist people who have special accessibility needs.
- Dog walkers must obey regulations and pick up after their pet.
- Always carry water and a map.
- Shortcuts cause erosion. Please stay on the trail.
- Bikes are only allowed on designated fire roads. Cyclists may not exceed 15 MPH and must slow to 5 MPH around corners or while passing other trail users. Helmets strongly recommended.
- Check at Visitor Center for current trail conditions and hazards.

## **Muir Woods National Monument**

Emergency numbers:

Park Police (415) 561-5656 with cell phone (415) 472-0911

Nature Hotline (415) 388-2595 Information (415) 388-2596

Website www.nps.gov/muwo